

COVID-19 Basic Protective Measures

Northern Regeneration CIC and CSV Training continue to monitor Coronavirus (COVID-19) situation nationally, and the safety of our staff, learners, customers, partners and wider supply chain is our top priority.

We ask all staff, learners, customers, partners and wider supply chain to adhere to the following basic protective measures whilst onsite:

- **Wash your hands frequently**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Please do this when entering site, leaving site and frequently throughout the day. Guidance to correctly wash your hands can be found in the welfare facilities.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

- **Maintain social distancing**

Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing has the disease.

- **Avoid touching eyes, nose and mouth**

Make sure you avoid touching eyes, nose and mouth to prevent potential contamination.

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

- **Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

- **Keep work areas clean and tidy**

A clean and tidy work area is good practise onsite.

Why? To prevent contamination regularly clean and tidy work areas throughout the day. Cleaning products and gloves are available in the site office.

- **If you show common symptoms follow Government Guidance**

The most common symptoms of coronavirus (COVID-19) are a new, continuous cough or a high temperature. If you show these symptoms please inform a member of staff immediately and follow Government guidance - <https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

Why? This is to help prevent further spread of viruses and other infections.

Currently, business is as usual unless guidelines relating to COVID-19 change.

We will continue to follow the [World Health Organisation](#) and [UK Government](#) guidelines relating to COVID-19.

Furthermore, North Yorkshire County Council have set up a dedicated webpage for educational establishments [here](#).

Given the changing nature of the situation, our control measure and policies surrounding COVID-19 may change and be updated. We will continue to communicate these where applicable.